

Don's Mix

As in Donn Beach

Total Time: 2 1/2 hours

Makes up to 6 cups

- 2 parts white grapefruit juice
- 1 part cinnamon syrup – see below

1. Mix, bottle and store in the refrigerator.

Cinnamon Infused Syrup

- 3 cinnamon sticks, crushed
- 1 cup water
- 1 cup sugar or WheyLow

1. Bring all ingredients to a boil in a small sauce pan.
2. Reduce heat and simmer for 2 min.
3. Remove from heat, cover and allow mixture to stand for 2 hours
4. Strain and bottle
5. Keep refrigerated